



September Savings & Local Vendor Fair!

We are proud to have over 60 local vendors who provide us with top quality natural & organic products in our produce, grocery, meat, dairy, and even supplements & body care departments. We also use these local ingredients in our Bistro prepared foods, salad bar & smoothies. Help us celebrate these amazing vendors with samples, information and fun for the whole family. This event is free for the community, please join us!

Join us for Local Vendor Fair Saturday, September 22nd, 11am-2pm

**Beeler's
Breakfast
Sausage Links**
1 LB

\$4.99



Local pork Breakfast Sausage Links pasture raised in Shelton, Iowa.

**Ben Cook Farm
Local Organic Grass
Fed Ground Beef**

\$6.29
1 lb package



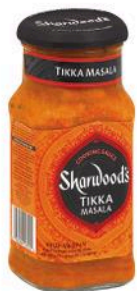
Certified organic grass fed ground beef from Adrian, MN in Minnesota

**Ferndale Farm
Ground Turkey**

\$3.49
1 lb package



Free range antibiotic free ground turkey raised in Cannon Falls, MN



**Sharwood
Cooking Sauce**
Tikka Masala
14.1 FL OZ

\$3.49
ea

A classic curry sauce containing tomatoes, yogurt, mild chili and cream.



**Muir Glen
Organic Pasta
Sauce**
Fat Free Roasted Garlic
25.5 FL OZ

2/\$6

All varieties of Muir Glen organic pasta sauce are on sale in September.



**Lundberg Family Farms
Organic Quinoa &
Rice Blend**
Rosemary
6 OZ

\$2.50
ea

Whole grain quinoa combined with the nuttiness of brown rice and rosemary.

Bubbies Of San Francisco Pickles
Bread & Butter Chips
33 OZ

\$5.99

Sweet pickles with a crunchy taste. They are made from only the freshest ingredients.



Co Yo Coconut Mi Yogurt Alternative
Natural
5.3 OZ

\$2.50

Dairy free yogurt that is smooth and creamy with no added sugar!



Earth's Best Organic Baby Food Puree
Banana Blueberry
4 OZ

\$1.49



All varieties of Earth's Best baby food on our shelves are on sale!

Bulk Department Organic Flame Raisins

\$3.19
per pound

Package free - get as much or as little as you need!



Bulk Department Organic Raw Pumpkin Seeds

\$3.19
per pound

Organic raw pumpkin seeds by the pound in our bulk cooler.



Van's Natural Foods Waffles
Blueberry
9 OZ

\$2.99

Gluten free frozen waffles for an allergen friendly breakfast or treat!



Milkadamia Nut Milk
Macadamia
32 FL OZ

\$3.79

Macadamia nut milk that's a creamy, rich dairy substitute.

Newman's Own Organics Fig Newmans
Wheat & Dairy Free
10 OZ

\$3.79

Organic, allergen friendly fig cookies.



Rhythm Superfoods Organic Kale Chips
Kool Ranch
2 OZ

\$4.49

A tangy, savory dressing combined with amazingly healthy kale takes this familiar flavor to new heights.

Rishi Organic Green Tea
Matcha Super Green
15 BAG

\$6.29

Outstanding quality, antioxidant rich matcha green tea in bags.



Eternal Artesian Water
600 ML

99¢

Eternal water is artesian water that is pure & contains electrolytes naturally.

Kevita Organic Cleansing Probiotic Tonic
Meyer Lemon
15.2 FL OZ

\$2.50

A combination lemon sweetness and tangy apple cider vinegar.



Biokleen Bac-Out Bathroom Cleaner Spray
32 FL OZ

\$5.49

Eliminates the most difficult, organic stains, odors and waste naturally.

Now Foods, Supplements & Essential Oils



15% Off
Select NOW products

Now brand supplements and Essential Oils are on sale in September.

Derma E Vitamin E Creme
12,000 I.U.
4 OZ

\$9.99

Deeply moisturizing and healing vitamin E creme.

