



December Sales



**R.W. Knudsen
Sparkling Juice**
Cranberry
750 ML

\$3.50

Made from organic fruits, this non-alcoholic, sparkling beverage helps you celebrate in style.

**Tofurky
Veggie Roast**
& Wild Rice Stuffing
26 OZ

\$10.99



A vegetarian feast designed to be the delicious centerpiece of your holiday meal.

**Luna & Larry's Coconut Bliss
Organic Coconut
Bliss Bars**
Dark Chocolate
4/3 FL OZ

\$4.49



The pure non dairy coconut experience!



**Lifeway Kefir
Low Fat Kefir**
Eggnog
32 FL OZ

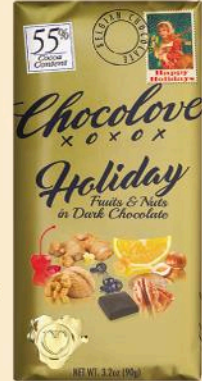
\$3.50

A protein and calcium-rich cultured drink perfect any time of the day. Probiotic rich!

**Chocolove Xoxox
HOLIDAY CHOCOLATE
BIG BAR**
3.2 OZ

\$2.50

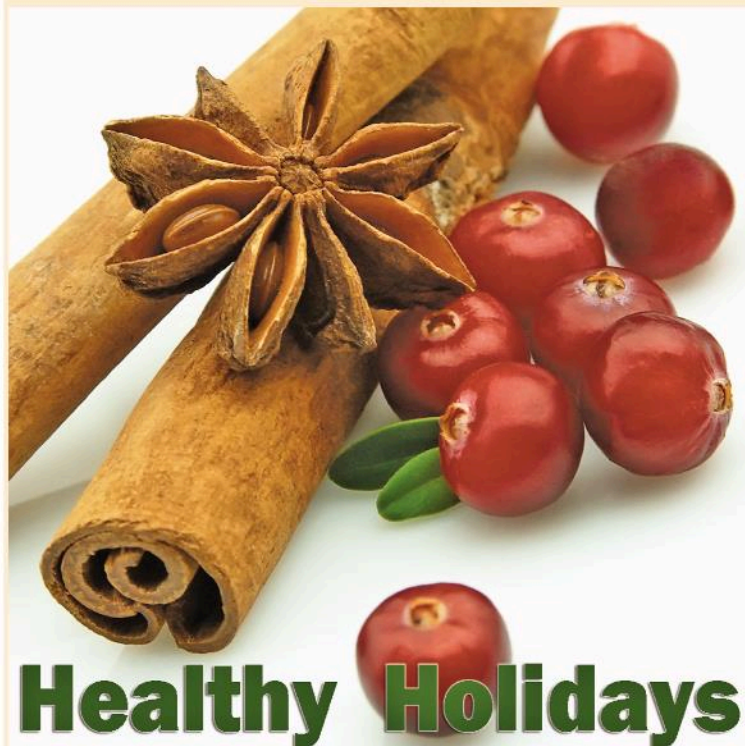
All flavors of Chocolove bars are on sale for the month, great stocking stuffers!



**Bulk
Organic Date
Coconut Rolls**

\$4.39
lb

Paleo friendly, no refined sugar holiday treats. Shop in bulk & save - get as much or as little as you need!



Healthy Holidays



Simply Organic
Organic Spice
 Whole Cinnamon
 Sticks
 1.13 OZ

\$4.99

Cinnamon sticks are flavorful and fun in mulled drinks and teas.

Bulk Nuts
Organic
Almonds
 Raw

\$9.29
 per lb



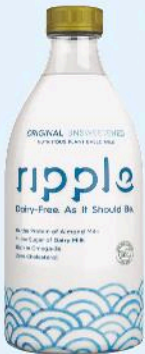
Tasty and wholesome certified organic raw almonds

Bulk
Quinoa, Tri-Color



\$2.69
 per lb

Organic tri color quinoa adds color to your holiday meals.



Ripple Foods Pbc
Dairy-Free Milk
 Original Unsweetened
 48 FL OZ

\$4.99

Non dairy milk sub made from plants!



Ghirardelli
Hot Coco
 Chocolate Mocha
 10.5 OZ

\$4.49

Rich & delicious gourmet hot cocoa powder



Izze
Sparkling
 Pomegranate
 4/12 FL OZ

\$4.00
 4 pack

No refined sugar, no caffeine, no artificial anything, ever.



Good Health
Gluten Free
Pretzels
 Sea Salt
 8 OZ

\$3.50

Made with whole grain brown rice and whole grain sorghum flour.



Kettle Brand
Krinkle Cut
Potato Chips
 Classic Bbq
 13 OZ

\$4.00

All flavors of gluten free Kettle chips are on sale in December.

Nature's Bakery
Whole Wheat Fig Bar
 Raspberry
 2 OZ



79¢

Cholesterol-free, dairy free, all natural fig bars, all flavors on sale.

Earth Balance
Buttery
Spread

Dairy free,
 Soy Free,
 Made with Olive Oil
 13 OZ



\$3.99

Now you can enjoy the rich buttery taste with a hint of olive oil.

Garden of Life
Garden of Life



30-35% OFF Garden of Life
brand supplements

Biokleen
Bac-Out Drain Care
Gel

32 FL OZ

\$5.99



An effective alternative to traditional drain cleaners.



Pomegranate
 MARKET

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